

Thankfulness Themes

You Give and Sustain our Physical Life

- For making us in your image, capable of knowing, loving, serving, and enjoying you and others (Ps 139:14; Isa 43:21).
- For preserving our lives thus far - bringing us through injuries and illnesses so that we are alive today (Ps 3:5; 116:3-6).
- For the comforts that make our lives enjoyable, pleasant, and bearable (1 Tim 6:17; Ps 23:2,5).
- For the successes we have received, goals attained, and the blessings we weren't wise enough or capable of achieving - but that you sent anyway.

You Give and Sustain our Spiritual Life

- For your plan of salvation itself and how the Father, Son, and Holy Spirit planned it from the depths of eternity (Eph. 1:4-6).
- For Christ emptying himself for us for God's glory (Php 2:5-11).
- For Christ's teaching and character that reveal the beauty of holiness (Heb 1:2).
- For Jesus' death on our behalf, paying for sins and bringing us into relationship with God (Rom 5:8-10; 1 Jn 4:10).
- For the Holy Spirit's power and presence in our lives enabling us to understand your truth (Jn 14:16-17).
- For, through the Spirit, conforming us to Christ's character and giving us spiritual gifts to serve others (Jn 16:14; 1 Cor 12:4-7).
- For the giving us the Scriptures, Word of God - for its wisdom and truth and power (1 Tim 3:16).
- For the church - giving its congregations and leaders to shape us and form us, and help us grow in faith, hope, and love (Mt 16:18; 1 Cor 13:13).
- For the Christian friends who have given us so much (1 Jn 1:7).
- For the assurance of our salvation, that we can rest in the future resurrection and the joy of living with you forever (1 Pet 1:3-5).

You Give us Countless Mercies

- You have always been patient with us (Hos 11:4; Rom 2:4).
- You have helped us change and break bad habits and patterns of thought, heart attitude, and practices (Ps 94:17-19).
- You have protected us from the fuller consequences of our own foolishness.
- You have revealed yourself to us, giving us a relationship with you.
- You have answered our prayers (Ps 116:1-2).
- You have walked with us through pain and suffering (2 Cor 1:3-5; 1 Pet 1:6-9).