

Who I Am In Christ

I Am Accepted

- **I am God's child.**
Yet to all who received him, to those who believed in his name, he gave the right to become children of God. (John 1:12)
- **As a disciple, I am a friend of Jesus Christ.**
I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. (John 15:15)
- **I have been justified.**
Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ. (Romans 5:1)
- **I am united with the Lord, and I am one with Him in spirit.**
But he who unites himself with the Lord is one with him in spirit. (1 Corinthians 6:17)
- **I have been bought with a price and I belong to God.**
Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body. (1 Corinthians 6:19-20)
- **I am a member of Christ's body.**
Now you are the body of Christ, and each one of you is a part of it. (1 Corinthians 12:27)
- **I have been chosen by God and adopted as His child.**
Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will to the praise of his glorious grace, which he has freely given us in the One he loves. In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us with all wisdom and understanding. (Ephesians 1:3-8)
- **I have been redeemed and forgiven of all my sins.**
For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins. (Col 1:13-14)
- **I am complete in Christ.**
For in Christ all the fullness of the Deity lives in bodily form, and you have been given fullness in Christ, who is the head over every power and authority. (Colossians 2:9-10)
- **I have direct access to the throne of grace through Jesus Christ.**
For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. (Hebrews 4:14-16)

I Am Secure

- **I am free from condemnation.**
Therefore, there is now no condemnation for those who are in Christ Jesus. (Romans 8:1)
- **I am assured that God works for my good in all circumstances.**
And we know that in all things God works for the good of those who love him, who have been called according to his purpose. (Romans 8:28)
- **I am free from any condemnation brought against me and I cannot be separated from the love of God.**
What, then, shall we say in response to this? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all how will he not also, along with him, graciously give us all things? Who will bring any charge against those whom God has chosen? It is God who justifies. Who is he that condemns? Christ Jesus, who died more than that, who was raised to life is at the right hand of God and is also interceding for us...For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. (Romans 8:31-39)
- **I have been established, anointed and sealed by God.**
Now it is God who makes both us and you stand firm in Christ. He anointed us, set his seal of ownership on us, and put his Spirit in our hearts as a deposit, guaranteeing what is to come. (2 Corinthians 1:21-22)
- **I am hidden with Christ in God.**
Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. 4When Christ, who is your life, appears, then you also will appear with him in glory. (Colossians 3:1-4)
- **I am confident that God will complete the good work He started in me.**
being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. (Philippians 1:6)
- **I am a citizen of heaven.**
But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ. (Philippians 3:20)
- **I have not been given a spirit of fear but of power, love and a sound mind.**
For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline. (2 Timothy 1:7)
- **I am born of God and the evil one cannot touch me.**
We know that anyone born of God does not continue to sin; the one who was born of God keeps him safe, and the evil one cannot harm him. (1 John 5:18)

I Am Significant

- **I am a branch of Jesus Christ, the true vine, and a channel of His life.**
"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing. (John 15:5)
- **I have been chosen and appointed to bear fruit.**
You did not choose me, but I chose you and appointed you to go and bear fruit, fruit that will last. Then the Father will give you whatever you ask in my name. (John 15:16)
- **I am God's temple.**
Don't you know that you yourselves are God's temple and that God's Spirit lives in you? (1 Corinthians 3:16)
- **I am a minister of reconciliation for God.**
Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not counting men's sins against them. And he has committed to us the message of reconciliation. We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. God made him who had no sin to be sin for us, so that in him we might become the righteousness of God. (2 Corinthians 5:17-21)
- **I am seated with Jesus Christ in the heavenly realm.**
And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus. (Ephesians 2:6)
- **I am God's workmanship.**
For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:10)
- **I may approach God with freedom and confidence.**
In him and through faith in him we may approach God with freedom and confidence. (Ephesians 3:12)
- **I can do all things through Christ, who strengthens me.**
I can do everything through him who gives me strength. (Philippians 4:13)

Other Promises to Pray

- **Promises about the protection of God**

The name of the Lord is a strong tower; the righteous run to it and are safe (Prov.18:10)
1 Sam.2:9; Ps.125: 1-2; Ps.91:3-4,11-12; Ps.34:19-20; Ps.121:1-8; Prov.29:25

- **Promises about practical/physical needs**

And my God will meet all your needs according to His Glorious Riches in Christ Jesus
(Phil.4:19) Matt.6:25-26,31-33; Deut.28:1,11,12; Luke 12:30-31; Deut.29:9; Ps.111:5)

- **Promises for times of fear and doubt**

So do not fear for I am with you; do not be dismayed for I am your God. I will strengthen you and help you; I will uphold you with My Righteous Right Hand (Isa.41:10) Isa.41:13; Isa.43:1; 2 Tim.1:7; Luke 12:6-7; 1 John 4:18; Rom.4:21; Ps.112:7; Isa.58:9

- **Promises for times of depression or discouragement**

Why are you downcast O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise Him my Savior and my God (Ps.43:5) Ps.73:26; Ps.37:23-24)

- **Promises in times of failure and helplessness**

Do not let your hearts be troubled. Trust in God; Trust also in Me (John 14:1) Isa.61:1-3; Ps.147:3; Rom.8:28; Isa.41:13; 2 Cor.12:9; Rom.8:26; Heb.13:6; 1 John 4:4

- **Promises in times of anxiety**

If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe you, O you of little faith...Therefore do not worry about tomorrow, for tomorrow will worry about itself (Matt.6:30,34)
Phil.4:6-7; Luke 12:25-26; 1 Pet.5:6-7; Gal.5:1; Matt.11:28-30.

- **Promises in time of temptation**

No temptation has seized you except what is common to man. And God is Faithful; He will not let you be tempted beyond what you can bear. But when are tempted, He will also provide a way out so that you can stand up under it (1 Cor.10:13) 2 Pet.2:7-9; Heb.4:14-16; 1 Thess.5:22-24; James 4:7; Gal.1:3-4; Rom.16:20; John 16:33; 1 John 4:4

- **Promises in suffering, difficulties and attacks from people**

The salvation of the righteous comes from the Lord; He is their stronghold in time of trouble. The Lord helps them and delivers them; He delivers them from the wicked and saves them because they take refuge in Him (Ps.37:39-40) James 1:12; Rom.5:3; 1 Pet.1:4-7; Jer.15:21; Ps.27:1-2; 1 Pet.3:9; Rom.8:31; Ex.14:13-14; Matt.5:10-12;

- **God will comfort us**

Blessed are those who mourn, for they will be comforted (Matt 5:4)

- **God promises wisdom**

Anyone who lacks wisdom should ask God, who gives generously to all without finding fault, and it will be given (James 1:5)